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| MONDAY **NW 3.1**  3 areas of wellness???  One sign of good mental health is the ability to handle\_\_\_\_\_\_\_\_\_\_  Stress….  Look at advertisements  Evaluate information in the media Read “Pass the Butter Please” and evaluate food fad & fallacies/ Trends | **Bell Ringer:**  Recall 2 examples of religious customs regarding food: |
| TUESDAY **NW 3.2**  WB Acd D The Food Supply  P 20-21 technology & food  Functional foods – what is a functional food? | **Bell Ringer:** |
| WEDNESDAY  Bell Ringer/ P 21 career task4assign advertising analysis  Precision Exams | **Bell Ringer:** |
| THURSDAY **NW 3.2** Environmental influences on food choices  Complete PPT  Each student is to write a question about one of the concepts in the chapter, then turn their slip in. Redistribute the questions and share.  All sign up for quizlet , | **Bell Ringer:**  Define “functional food” |
| FRIDAY  Ch 1 book test  **Explore the USDA or FDA website and share 2 facts you found from the webpage**  Ch 6 Safeguarding health  foodborne illnesses | **Bell Ringer:**  **Look at ch 6 , What is a common cause of fresh fruits and vegetables being contaminated?** |