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| MONDAY 11-11-13 NW Bell Ringer Sheet –Make lab plans for Rice Pizza | **Standards****NW 4.4****Do you eat specific foods when you are stressed? What foods do you feel are comfort foods? Are they nutritious? How could you make them nutritious?**  |
| TUESDAY Grains on parade worksheet | **Bell Ringer****Double and halve the following amounts –** **a. 2T** 1. **1 ½ tsp**
2. **¾ C**
3. **1 2/3 C**
 |
| WEDNESDAY Rice Pizza lab | **BellRinger****What are some examples of good time management in meal preparation** |
| THURSDAY REVIEW GROUPS AND RECIPES WITH MRS LEAR, BEGIN PLANNING TABLE DECORATIONS AND INVITATION LIST | **BellRinger** |
| FRIDAY Complete lab sheetMake a time work schedule for your recipe and a market listcomplete planning/all market lists ready/ look for utensils and equipment | **BellRinger** |