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| MONDAY 11-11-13 NW  Bell Ringer Sheet –  Make lab plans for Rice Pizza | **Standards**  **NW 4.4**  **Do you eat specific foods when you are stressed? What foods do you feel are comfort foods? Are they nutritious? How could you make them nutritious?** |
| TUESDAY  Grains on parade worksheet | **Bell Ringer**  **Double and halve the following amounts –**  **a. 2T**   1. **1 ½ tsp** 2. **¾ C** 3. **1 2/3 C** |
| WEDNESDAY  Rice Pizza lab | **BellRinger**  **What are some examples of good time management in meal preparation** |
| THURSDAY  REVIEW GROUPS AND RECIPES WITH MRS LEAR, BEGIN PLANNING TABLE DECORATIONS AND INVITATION LIST | **BellRinger** |
| FRIDAY  Complete lab sheet  Make a time work schedule for your recipe and a market list  complete planning/all market lists ready/ look for utensils and equipment | **BellRinger** |